

**Botsford Hospital Library
Patient Education Handouts
Weight Control and Nutrition**

The following handouts are available to Botsford physicians and their staff for distribution to your patients. These handouts are customizable for your office if you register on the database site (MDConsult or AccessMedicine).

AAFP Conditions A to Z (see the topic Nutrition)

<http://www.botsford.org:2048/login?url=http://online.statref.com/Entry.aspx?It=DOC&FxID=99&StartDoc=1&Offset=0&QueryID=-1&grpalias=BGH>

Nutrition

Calorie Needs:

<http://www.botsford.org:2048/login?url=http://www.mdconsult.com/das/patient/body/199649318-2/0/10062/29370.html>

Making Healthier Food Choices:

<http://www.botsford.org:2048/login?url=http://www.mdconsult.com/das/patient/body/199649318-2/0/10062/15186.html>

Weight Loss

<http://www.botsford.org:2048/login?url=http://www.accessmedicine.com/patientEd.aspx?aid=857796>