



## MIS Anterolateral Hip Procedure

This new procedure allows your surgeon to place your new hip through a smaller incision without cutting the muscles and tendons around the hip.

Clinical experience shows that this procedure can allow a surgeon visibility and space to operate and yet not cut the muscles. This approach may lead to faster rehabilitation. It also keeps an important hip structure intact (the posterior capsule), which may help provide increased joint stability.

Some of the potential patient benefits of the MIS Anterolateral Hip Procedure are:

- A single incision
- Less tissue trauma
- Spares muscles and tendons, allowing for the possibility of a faster recovery
- Shorter hospital stay
- Smaller scar

Over 10,000 primary total hip replacement procedures have been performed using this innovative surgical technique. Reports suggest that it helps provide successful outcomes with less muscle damage and more rapid rehabilitation for people receiving hip replacement.

	<b>Zimmer MIS Anterolateral Hip Procedure</b>	<b>Zimmer MIS 2-Incision Hip Procedure</b>	<b>Zimmer MIS Posterior Hip Procedure</b>	<b>Traditional Hip Replacement</b>
<b>Incision</b>	One 2 ½ -3 ½ inch incision	Two 1 ½- to 2-inch incisions	One 2 ½ - to 3 ½-inch incision	One 10- to 12-inch incision
<b>Tissue Trauma</b>	Muscles and tendons avoided	Muscles and tendons avoided	Fewer muscles and tendons cut or separated	More muscles and tendons cut or separated