

RESOURCES FOR Breastfeeding Information

BOTSFORD HOSPITAL BREASTFEEDING CLINIC 248-471-8471
(www.botsford.org/breastfeeding)

Services offered:

- ◆ Telephone consultations
- ◆ Postpartum assistance
- ◆ Medication counseling
- ◆ Breastfeeding classes
- ◆ Outpatient consultations
- ◆ Electric breast pump rental
- ◆ Breastfeeding supplies

*Please contact this office whenever you have questions about nursing your baby.
You do not have to be delivering at Botsford Hospital to use these services.*

COMMUNITY RESOURCES

We encourage you to contact Botsford Breastfeeding Services whenever you have questions about nursing your baby. We realize, however, that our offices are not open 24 hours a day. The following is a list of resources available in the community for help with breastfeeding. These consultants are usually available for telephone assistance. They may also be available for in-home consultation and charge a fee for that service. They are listed here, not necessarily as an endorsement, but as a courtesy to you.

Sue Belknap, IBCLC
248-642-8465 (Oakland County)

Kathy Malone, RN, IBCLC
810-229-3328 (Brighton)
Certified Bra Fitter

Susie Scheiwe, RN, IBCLC
313-881-3367

Birth & Breastfeeding Education Specialists

Marilee Woodworth, BS, IBCLC
734-995-3155 (Ann Arbor)

OTHER RESOURCES

LaLeche League International
1-800-525-3243
<http://Illi.org/nb.html>

Twin Information
<http://breastfeedingtwins.tripod.com>

Breastfeeding website: http://www.asklenore.info/breastfeeding/latching_diagrams.html

RECOMMENDED READING

The Nursing Mother's Companion: Revised Edition
Kathleen Higgins, RN, MS

The Womanly Art of Breastfeeding
LaLeche League International

Breastfeeding Made Simple: Seven Natural Laws for Nursing Moms
N. Mohrbacher & K. Kendall-Tackett