

Diabetes and Nutrition Resource Guide

Organizations

American Diabetes Association: www.diabetes.org/

American Dietetic Association: www.eatright.org/

Juvenile Diabetes Research Foundation International: www.jdrf.org

National Center for Chronic Disease Prevention and Health Promotion:
www.cdc.gov/diabetes/

Local Resources

Botsford Diabetes & Nutrition Services
www.botsford.org/diabetes

Information Resources

Diabetes: www.nlm.nih.gov/medlineplus/diabetes.html

Diabetic Diet: www.nlm.nih.gov/medlineplus/diabeticdiet.html

National Diabetes Information Clearinghouse: www.diabetes.niddk.nih.gov

Nutrition: www.nlm.nih.gov/medlineplus/nutrition.html

Weight Control: www.nlm.nih.gov/medlineplus/weightcontrol.html

Interactive Health Tutorials (including diabetic meal planning):
www.nlm.nih.gov/medlineplus/tutorial.html

Personal Health Tools: healthfinder.gov/HealthTools
Includes an online health checkup, activity and menu planners, and health calculators

National Diabetes Education Program: ndep.nih.gov/

Diabetes Websites: www.botsford.org/library/db/l-topic.cfm?field1=Diabetes

Nutrition Websites: www.botsford.org/library/db/l-topic.cfm?field1=Nutrition