

**MARCH
2010**

EFFECTIVE MONDAY MARCH 1st!

<h1>AQUATICS SCHEDULE</h1>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>GENTLE AEROBICS 8 –9 AM Therapy Pool Whitney</p> <p>AQUA FIT 9 – 10 AM Lap Pool Whitney</p> <p>Intermediate Aqua 10 - 11 AM Therapy Pool Whitney</p> <p>GENTLE AEROBICS 11 – 12 PM Therapy Pool Whitney</p> <p>Intermediate Aqua 5:30-6:30pm Therapy Pool Dee</p>	<p>GENTLE AEROBICS 8 –9 AM Therapy Pool Staff</p> <p>Intermediate Aqua 10 - 11 AM Therapy Pool Stacy</p> <p>Gentle Aerobics 5 – 6 PM Therapy Pool Laura</p> <p>AQUA FIT 6 – 7 PM Lap Pool Laura</p>	<p>GENTLE AEROBICS 8 –9 AM Therapy Pool Stacy</p> <p>AQUA FIT 9 – 10 AM Lap Pool Stacy</p> <p>Intermediate Aqua 10 - 11 AM Therapy Pool Stacy</p> <p>GENTLE AEROBICS 11 – 12 PM Therapy Pool Stacy</p> <p>Intermediate Aqua 5:30-6:30pm Therapy Pool Dee</p>	<p>GENTLE AEROBICS 8 –9 AM Therapy Pool Staff</p> <p>Intermediate Aqua 10 - 11 AM Therapy Pool Stacy</p> <p>Gentle Aerobics 4 – 5 pm Therapy Pool Laura</p> <p>Intermediate Aqua 5 – 6 PM Therapy Pool Dee</p> <p>AQUA FIT 6 – 7 PM Lap Pool Laura</p>	<p>GENTLE AEROBICS 8 –9 AM Therapy Pool Whitney</p> <p>AQUA FIT 9 – 10 AM Lap Pool Whitney</p> <p>Intermediate Aqua 10 - 11 AM Therapy Pool Whitney</p> <p>GENTLE AEROBICS 11 – 12 PM Therapy Pool Whitney</p>	<p style="text-align: center;"><u>EFFECTIVE</u> <u>2/27!!</u></p> <p>AQUA FIT 8:30AM – 10:00 AM Lap Pool Laura</p> <p>Red Cross Swim Lessons 9AM– 10:30AM Therapy Pool Whitney</p> <p>Intermediate Aqua 10:30 – 11:30 AM Therapy Pool Laura</p> <p>Red Cross Swim Lessons 10:30AM- 12:05PM Lap Pool Whitney</p> <p>Red Cross Swim Lessons 12:10- 12:55PM Therapy Pool Whitney</p>